also, for health
reasons, I am on a
Sugar & Tope of diets. P159
Not only is it a
difficult diet, but
difficult diet, but
to almost impossible
its almost impossible
its almost impossible
anything, to sugar is
anything, to sugar is
much more harmful
much more harmful
than fat.
Thank you

To: FDA Commissioner Jane E. Henney 5600 Fishers Lane Rockville, Maryland 20857 (khamric@oc.fda.gov)

From:



Betty Taylor 173 Ward St. Seattle, WA 98109

The consumption of added sugar has jumped 25 percent since 1984, squeezing healthy foods out of the diet. As a member of the Center for Science in the Public Interest (CSPI), I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added sugar a food contains.

Betty Taylor



Betty Taylor 173 Ward St. Seattle, WA 98109





FDA Commissioner Jane Henney 5600 Fishers Lane Rockville, Maryland 20857

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